

Circular for Parents of Class IX to XII Session 2020-21

SIS/OPS - NOV 015/2020

November 25, 2020

Subject: Informative Session on Menstruation

Dear Parents

Namaste

We are happy to inform you that **RutuChakra Shishukunj** is planning to organize an informative session on **Menstruation** for the **students of Classes IX – XII**.

RutuChakra is a youth-led organization working to achieve menstrual equity and dignity, increasing access to education, and promoting an open conversation about periods amongst all genders. **RutuChakra Shishukunj is a chapter of this organization**, and has the same objective. Some of the topics that shall be covered in the session would be the basics of menstruation, the importance of inclusivity and period poverty prevalent in our country. This session shall also endeavour to bust various myths related to Menstruation. All the information provided in the discussion session will be previously verified by a gynaecologist.

Participation in this special session is open to both boys and girls and is totally voluntary. Students interested in participating in the same are requested to fill in the google form by following the link given below:



<https://forms.gle/jhSykQquHcmXKfbN6>

Last date of registration is Sunday, November 29, 2020

This is a student driven initiative and we seek your kind cooperation in making it a success. Kindly motivate your ward to participate in the same.

Kind regards

Dr. Lalita Singh

Principal